

Kingsland Community Association  
January 24, 2019  
Approved Amended Board Meeting Minutes - February 28, 2019

**Attendees:** Chris Kemp-Jackson; Darren MacDonald; Sam Kemp-Jackson, Donna David, Tina Cohoon, Jessica Pickel; Meike Thomsen

**Absentees:** Christine Dombroski, Kathy Mitchell and Ken Reimer

**Guests:** Jenna Findlater - Neighbourhood Partnership Coordinator, Heritage (NPC); Dale Mattock Constituency Assistant to Anam Kazim, MLA Calgary-Glenmore; and Shelly Tulloch

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**Meeting called to Order**

Time 7:00 PM.

**Introductions**

Shelly Tulloch was introduced to the Board.

**New Agenda Items**

None raised.

**Approval of Minutes**

Approval of November 22, 2018 Minutes

Darren asked for motion to approve the minutes of November 22, 2018.

The November final minutes were corrected to show the Winterfest to be held Saturday, February 23 instead of Winterfest being held on Saturday February 24.

**Motion: I, Darren make a motion to approve the November 22, 2018 minutes as amended. Second: Tina. All in Favour.**

**NPC Report**

Kingsland Community Association - Neighbourhood Partnership Coordinator Board Report - January 2019

PRIORITY ITEMS	
Rink Project	Waiting to hear back on financial review. Backlog after holidays. Thank you for submitting early!
Organizational Development	
Financial Management	
Grants	
TD Park People Grants	Name: TD Park People Grants

**Amount:** TD Park People Grants will provide \$2000 to groups from Vancouver, Calgary, Toronto, Ottawa and Montreal to help make community events happen in parks. Make your city park come alive with events like movie nights, harvest festivals and nature walks. Visit the website for details, FAQs and application information. <https://parkpeople.ca/parkgrants/> You can also register for a webinar for Q&A on February 9th.

**To qualify for this grant applicant MUST:**

- Submit an application before March 4
- Your park must be located in Vancouver, Calgary, Edmonton, Toronto, Ottawa, Montreal or Halifax
- Successful groups will host three park events between Earth Day (April 20 and New Year's Eve 2019).
- Demonstrate the ability to successfully organize and host events and sustain your group beyond this grant cycle.

**Contact Info:** [boursestdppgrants@parkpeople.ca](mailto:boursestdppgrants@parkpeople.ca)

**Grant Website:**

First join the Park People Network here to register your group and then download an application form, which will be available once your group is registered. Submit the form via email to [boursestdppgrants@parkpeople.ca](mailto:boursestdppgrants@parkpeople.ca)

**Due Date:**

Applications are due by the end of the day on March 4, 2019. Funding decisions will be made in April, with cheques sent in May.

**Project Eligibility:**

Eligible groups include volunteer-based park groups, local agencies, resident associations and non-profits that are active in their local parks.

- **Groups:** Grassroots community groups that include, but are not limited to, volunteer-based park groups, local agencies, resident associations, not-for-profit groups active in their local parks. Partnerships of any or all of the above are encouraged to apply.
- **Types of Spaces:** City parks, green space on social housing property, school grounds, publicly accessible privately owned properties (with permission of landowner).
- **Events:** Events which are free and open to all: neighbourhood and community festivals, community picnics, tree planting events, community cleanups and any other community focused programming. Events must abide by all local laws and permit requirements.
- **Eligible Expenses:** Honoraria for volunteers, event materials, supplies and equipment, printing of promotional materials with provided templates - essentially any reasonable event expense can be covered by the grant.

Please also ensure you have received approval to proceed from Calgary Parks and any formal approvals and permits.

<b>License of Occupation</b>	
<b>Connecting City Resources</b>	
2019 Community Clean-up	<p>The registration process has changed from a first-come first-serve format to an application period format. Registration applications will be accepted through 311 (phone or on-line) beginning <b>Monday, January 7 through to Sunday, January 20, 2019</b>. You will be notified of the status of your application by mid-February 2019.</p> <p>For more information visit: <a href="http://www.calgary.ca/cleanup">www.calgary.ca/cleanup</a></p>
<b>Public Relations</b>	
<b>Programming</b>	
Leader requests	Some changes have been made to the leader request process. There are a limited number of slots per day that can be booked, and bookings can only be made three months in advance. All equipment will be brought on site by leaders.
<b>Facility Maintenance &amp; Capital Construction</b>	
<b>Other</b>	
Programming A-Z	<p>Date: Thursday, February 7<sup>th</sup>, 2019  Time: 6:30pm – 9pm  Location: Scarborough Community Association (1737 14 Ave SW)  To register visit: <a href="https://2019programming.eventbrite.ca">https://2019programming.eventbrite.ca</a></p>
Federation of Calgary Communities	<p>Upcoming Workshops – Visit <a href="#">their website</a> for more details or to register</p> <p>February 9<sup>th</sup> – PIP: Planning Implementation (Core Course)</p> <p>February 13<sup>th</sup> – Hall Rentals: What’s Trending</p> <p>February 21<sup>st</sup> – Internal Controls &amp; Financial Policies</p> <p>February 23<sup>rd</sup> – Building Safe Communities</p> <p>February 27<sup>th</sup> – How to Tell Your Success Stories!</p>
<b>NPC Contact Information</b>	
<p><b>Jenna Findlater</b>  Neighbourhood Partnership Coordinator, Heritage  Neighbourhood Supports  Calgary Neighbourhoods</p>	

The City of Calgary | Mail code: #100

T [403.476.7277](tel:403.476.7277) | C [403.804.0312](tel:403.804.0312) | F [403.476.7271](tel:403.476.7271) | [calgary.ca](http://calgary.ca)

## **President's Items**

### **Board of Director's**

Due changes from the AGM elections for Board of Directors and email vote for Vice-President; Cris, Darren, Jessica and Sam met with Oluwafemi Oluyemi at the TD Bank on December 6, 2018 to update the signing authorities at the Bank.

### **Hall Insurance**

KCA received an email from Commercial Insurance at Toole Peet dated November 27, 2018 **Subject: 2018 Insurance Renewal Status Up-date** As previously communicated, when changing insurance companies, it did give us the opportunity to strengthen your policy in certain areas. As of Dec 1<sup>st</sup>, your coverage will change as follows:

- Voluntary payments for volunteers will now be included
- Full abuse liability coverage will be included (we will be contacting you to assist with completing the required application for this coverage)
- There will no longer be an aggregate on your liability coverage
- Your Commercial General Liability coverage will no longer be subject to a deductible for bodily injury type claims
- Property coverage will now be subject to a \$2,500 deductible

KCA received email dated Dec 14, 2018 from Toole Peet Insurance for Hall Insurance with Invoice 267183 - \$3,954.00, which was paid December 18, 2018. This was an increase from \$3001.00.

The "Abuse Prevention Protocol" which was offered by Toole Peet Insurance was signed effective January 1, 2019. The carrier is "Northbridge Insurance". The policy establishes how "The Organization" will prevent physical, emotional and sexual abuse of children, youth, seniors and other vulnerable adults by its employees and volunteers. The Organization" seeks to create a welcoming and nurturing environment and has zero tolerance for those actions may jeopardize the safety, health or innocence of those in the organization's care.

Cris emailed the Abuse Prevention Protocol Policy to board members to read the information to familiarize themselves with the protocol. Replies were received from all Board Members to acknowledging that they had read the policy. Thank-you board members.

Cris received an email dated January 9, 2018 from Michael Murray at Toole Peet - with additional information:

"Your liability policy (including abuse liability) covers your organization for the actions of your employees and volunteers. And covers any negligence your organization may be responsible for in terms of the actions taking by your contractors. Your contractors should be carrying their own insurance, if they do not then your organization will likely be responsible for most of the damages should your hired contractors cause any.

Should children (or seniors) be left in the care, custody and control of your organization, then yes the Volunteers and Employees that work with these children (or seniors) require a vulnerable sector check to be done.

RE: KCA Events – typical community ‘events’ require children (or seniors) to be under the supervision of their parents/guardians – if this is the case with your organization then these event volunteers do not require a vulnerable sector check.”

#### Dyson Vacuum Purchase

Jen phoned Cris to ask if she can purchase a Dyson vacuum which would assist with the small cleanups to save some time in cleaning the hall. The cleaners now have to haul the huge vacuum upstairs which is time consuming and somewhat strenuous. Cris discussed the purchase with of Dyson vacuum with Darren, he was OK with purchasing the vacuum cleaner.

The Office Manager purchased the Dyson vacuum cleaner which was on sale reduced by \$100.00 for \$299.99+ GST \$15.00 for a total of \$314.99. The vacuum can be returned. I ask the board to consider keeping the vacuum to assist cleaners.

**Motion: I, Chris Kemp-Jackson make a motion to keep the Dyson vacuum that was purchased to \$314.99 to assist cleaners with same clean-up jobs. Second: Donna. All in Favour.**

#### Community Cleanups - 2019 Application Information

Ann received an email from Jennifer Lawlor date December 11, 2018 which was sent on behalf YYC with the following message.

“On behalf of The City of Calgary, Community Standards and Waste & Recycling Services, we would like to say thank you for another amazing year of Community Cleanups in 2018. We collected a total of 1.3 million kg in total with 1.2 million kg of waste and over 125,000 kg of organics! Your community leadership is appreciated for making this such a successful program.”

Please note the registration process has changed from a first-come first-serve format to an application period format.

The application for “Clean-up Day” must be submitted by January 7, 2019 which is before our next official meeting. An email vote was conducted by the Board of Directors. Cris consulted with the Board of Directors for date preferences; the following dates were submitted to Ann to forward to the city:

Choice 1 – Jun 8; Choice 2 – Jun 22; Choice 3 – Jun 15

KCA will be notified of the status of your application by mid-February 2019.

Cris received email dated December 31, 2018 from Ann; “which stated that Dick and I had a meeting last week and have decided that he will look after most of the Clean-up Day including applying to the City. I will be on call for questions and will look after the food on the day and be down at the hall for the actual clean up”.

Dick will let us know what date we get and will also get in touch with Jen for the newsletter information.

Thank-you Dick; for your support for this important annual event which is held each year and is well attended.

#### Planning Update - Change to Public Notices – Facebook posted

As per FCC Get Activated email dated December 12, 2018 FCC information - As of early 2019, Public notices will no longer be posted in The Calgary Herald. Moving forward, public notices will include the physical notice board on site, mail circulation to adjacent neighbours, PD Map, [public notices online](#) and circulations to CA planning committees.

#### Projection Screen

KCA was contacted by the St. Brigid's who rent the hall asked KCA whether we would be OK to install a projection screen in the hall. St. Brigid's is willing to donate \$500.00 towards the purchase of the projection screen.

Cris met with Robin and Robert on Tuesday, January 22, 2019 to discuss location of the screen, size, etc. If there are not issues with the board, then I will coordinate with Robert to the projection screen installed.

This item was parked for the next board meeting since the purpose, frequency and benefits of the screen for the upper hall level was not well understood. Will it enhance the rental aspect of the upper hall? The screen in the lower hall is getting used by the planning function when applicants present their drawings.

#### Ice Rinks

KCA received several queries regarding whether the ice was flooded. After consultation with Ken, he communicated that the ice was flooded and ready but due to the warm weather the condition of the ice was not optimal. The information was posted on Facebook.

#### Ideas for Future Grants applications

- 1) Revamping the "off leash area" close to MacLeod Trail
- 2) Kitchen, stage and hall upgrade
- 3) Patio replacement and update the space under the deck to be functional and better use of space
- 4) Walk way to LRT
- 5) Potential introduction of recreational facilities to support some games, lawn bowling, etc.
- 6) Rink Renovations - can pickle ball be introduced for summer activity?
- 7) Preschool adding more shelving on walls so that the preschool can have more storage space
- 8) Playgrounds do we need to upgrade any?

#### Commemorative Bench Proposal

Dave replied to Cris's email requesting a meeting. We will meet in April when he returns from Phoenix.

#### Mustard Seed

Cris delivered to the Mustard Seed, KCA's cheque for \$200, on Tuesday, December 4, 2018.

#### Alberta Party Candidate

KCA received an email asking whether Lana Bentley a candidate for the riding of Calgary-Acadia will running in the spring of 2019 election. She wants to connect with different community associations.

Would the board be open to having she attend a board meeting as she wants to hear from community leaders?

**Action: The board is open to having the guest attend an upcoming meeting. Cris may arrange as part of a future agenda item.**

#### Councillor's Report

Chris Report – not much to report as per email dated January 23, 2019. Our February Town Hall will be on Thursday, February 21 at 7:00 pm at the Acadia Recreation Centre. There will be a presidents meeting at 6:00 pm.

#### MLA Report

January Report:

Dear Constituents:

Premier Notley and I are working hard to ensure our communities have the support they need and a government committed to fighting for what matters like Alberta jobs.

At events or on your doorstep, residents tell me they are concerned about the economy and want to know how we can get good value for our resources. I share these concerns with you and I assure you, we will not stop defending Alberta jobs.

Although successive federal conservative governments have failed to improve pipeline capacity, we will make sure Ottawa addresses this national crisis. We will keep holding their feet to the fire while moving forward with our short, medium and long-term plan.

After consulting with industry and our appointed envoys, we are mandating an across-the-board reduction of 365,000 barrels per day until new transport capacity comes online in an effort to immediately close the historic price gap for our resources and protect jobs. We are also working to clear the backlog of oil with the purchase of upwards of 7,000 railcars to transport 120,000 barrels of oil per day.

We must take steps to upgrade and refine our products here at home, which is why we are now seeking expressions of interest to build a new refinery so we can create more jobs and add more value to our resources.

Finally, we will not stop fighting to build new pipelines like the Trans Mountain expansion project – the first pipeline to tidewater in more than 60 years.

Albertans are advocating for this project and we will make sure their voices are being heard in Ottawa. As the owners of this resource, we are saying once and for all: Let's stop the talk and start acting. Let's start making more of the products the world needs, right here at home.

#### **Treasurer's Report**

The Treasurer was not able to attend the meeting.

Total Banking as of January 24, 2019 - General Account: \$73,149.01; Casino Account: \$74,199.82.

#### Total Investments as of January 24, 2019

Total GICS: \$112,656.12

Hall Rentals for Dec - \$5637.50; January \$ 4,122.50

#### Casino Funds

Jessica filed with the AGLC - Current Use and Proceeds List - form for retention of games funds - facility for proposed rink replacement and patio upgrade for \$15,000.00 which was accepted and received December 17, 2018. All the money from the previous Casino was not spent as some money was allocated for the rink but due to timing the start date for the rink replacement was delayed. **These funds must be spent by Dec 15, 2020.**

A general conversation discussion ensued regarding revisiting the cleaning fees of the hall. This item was tabled for discussion at a subsequent meeting.

#### **Planning Director**

Team: D. MacDonald, A. Clarke, L. Ethier, M. Danylchuk, C. Philippi and S. Barnfield. Refer to calgary.ca/pdmap or calgary.ca/publicnotices for more application details or contact me at [darrenrmmacdonald@gmail.com](mailto:darrenrmmacdonald@gmail.com).

#### Rezoning In Progress

<https://developmentmap.calgary.ca/#property/LOC2018-0158> Glenmac / Jack Carter Parcel  
Corner of MACLEOD TR SW and GLENMORE TR SW. **Under Review (CPC).**

#### Development Permits

560 69 AV SW (Liquidation World Parcel) Renoir Development

<https://developmentmap.calgary.ca/#property/DP2018-2937> Fitness Centre. **Approved.**

<https://developmentmap.calgary.ca/#property/DP2018-5721> Protective Emergency Services. **Approved.**

<https://developmentmap.calgary.ca/#property/DP2018-5709>

7704 5 ST SW Secondary Suite, **Approved Jan 10.** KCA neutral.

<https://developmentmap.calgary.ca/#property/DP2018-5052> Pattinson Sign

8201 Macleod TR SW, Class G (Digital Third Party Advertising). **Under Review.** KCA neutral.

<https://developmentmap.calgary.ca/#property/DP2018-3489> Glenmac / Jack Carter Parcel

6711 Macleod TR SW Cannabis Store. KCA opposed. **Application Pulled?**

<https://developmentmap.calgary.ca/#property/DP2018-3280> Luca Mancuso

7523 Macleod TR SW Cannabis Store. City Refused Aug 29. KCA opposed. **SDAB Approved Dec 18.**

<https://developmentmap.calgary.ca/#property/DP2018-2692> Trico Project (Market on MacLeod)

7711 MacLeod Tr SW, 7710 4A ST SW. Under Review. **No Update.** KCA Supported.

### **Hall Maintenance and Life Cycle**

#### Life Cycle

The Community Facility Enhancement Program (CFEP) grant application update.

#### Ice Rinks - Facebook

Cris added information to Facebook

The ice rinks are in operation - due to the warm weather the ice may not be the best, but our Volunteers are working to keep it as functional as possible.

A big hand to the volunteers - if you can help the crew with ice and snow removal please contact the hall at 403 255-1400 the Hall Manager will direct you to the right person.

### **Social Director - Report**

January 2019

On Saturday December 8, 2018 we hosted over 60 seniors at our annual Kingsland Seniors Christmas Dinner. With the help of seven adult and two youth volunteers we served up a hot turkey dinner, played trivia, awarded door prizes and ended with a Christmas Carol. The feedback has always been extremely positive for this event with one lady saying it wouldn't be Christmas without the Kingsland dinner.

#### Upcoming Events

**Winterfest** - Saturday February 23, 11:30 am - 2:00 pm.

Indoor activities will include performances from the students of Anacrusis Music, crafts, and hot chocolate and snacks will be served. There will be skating on the pleasure and hockey rink, games, and a fire pit to warm up and roast marshmallows. Wagon rides will go from Noon - 2:00 pm.

**Easter egg hunt** - Saturday April 13, from Noon to 2:00pm.

**Seniors Lunch** – Saturday May 4 – 11:00 am – 3:00 pm

**Garage Sale Day** – Saturday May 25 – 9:00 am – 2:00pm

**Neighbors Day / Pancake breakfast**- date to be announced, waiting to hear back from the city to confirm when our Clean-Up Day will be held

**Movie in the Park** – Saturday September 8



We will not have a movie this year but will continue with a scavenger hunt and other family friendly activities

### Grants

#### WCEF

We applied for a grant from the city's WCEF and we were rejected. This is the first time we have been rejected in the 5 years that we've applied.

Donna will be applying for a WCEF grant for our Neighbors Day Pancake Breakfast; hopefully this time will be successful.

#### TD Park People Grant

KCA received an email from Rachel regarding TD Park People Grants

"I'm excited to share that applications are now open for the TD Park People Grants program, which will provide \$2,000 grants to support 225 park events in Metro Vancouver, Calgary, Edmonton, Greater Toronto Area, Ottawa, Montreal, and Halifax Regional Municipality!

We know that community groups, like yours, need support to make events like park clean-ups, tree-planting and movie nights happen in city parks and green spaces.

Successful applicants will use the grant to host three events between April 20 and December 31 2019. The application is due March 4, 2019."

The three events we have to qualify are the Seniors Lunch/Walking Demonstration, Neighbors Day/Pancake Breakfast and Movie in the Park.

Donna will apply as soon as the Clean-up Day is confirmed.

#### Membership

Three memberships were sold at Senior Dinner, December 8, 2018 - \$45.00. Thank-you Tina and Cheryl for sitting at the time during the event.

#### Trico Liaison

Cris attended Trico meeting and Christmas cheers event December 20, 2018.

#### Partner Sharing Program

The Trico Centre Partnership Sharing Program Suspension effective April 1, 2019 - March 31, 2020.

The current Trico Centre Partner Sharing Program with our community association partners was implemented April 1st, 2017.

For every Trico Centre monthly continuous membership sold, Trico Centre sends a portion of the membership revenue to the partner community associations in which the members resides. This amount is \$1/month for every child, youth, student, 60+, and 60+ couple membership, and \$2/month for every adult, adult couple, and family membership.

On December 20, 2018, the Trico Centre Board of Directors approved the 2019 operating budget. Due to the challenges facing the 2019 operating budget, and as a proud non-profit, charitable, community operated facility, Trico Centre will not be able to give back and support our partner communities in 2019 through the Partnership Sharing Program. Therefore, the Trico Centre Board approved to suspend the Trico Centre Partnership Sharing program to the partner community associations effective April 1, 2019 - March 31, 2020. The portion of membership funds allocated to the partnered communities will remain with Trico Centre as membership revenue.

The portion of membership funds allocated to the non-partner communities will continue to go to the Trico Cares program.

#### Budget Approved

The 2019 Operating Budget was approved.

#### Fees

Effective April 1, 2019 - Trico fees will increase.

#### Trico Centre Information for Community Bulletin Boards, Community Association Board Meetings, Community Association Websites **January - March 2019**

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. At Trico Centre, you can work out in the fitness centre, use the gymnasium, swim, or skate, plus we have fun, active programs for all ages. Check the Program Guide or [www.tricocentre.ca](http://www.tricocentre.ca) for more information on any of the activities and events listed below. Check the Program Guide or [www.tricocentre.ca](http://www.tricocentre.ca) for more details.

#### 2019 Winter Programs - Winter 2019 Guide



**TRICO CENTRE**  
FOR FAMILY WELLNESS

**Trico Centre For Family Wellness**  
**Winter 2019**  
January 1 - April 18

**Registration**  
November 13 & 14 (members)  
November 15 (public)

11150 Bonaventure Dr SE | 403-278-7542 | Register Online: [www.tricocentre.ca](http://www.tricocentre.ca)

Registration is now open for “Winter 2019 Programs”. Our program guide is available on our new website at It is available on our website at <https://tricocentre.ca/online-registration/program-guide>

#### **Adults and Older Adults**

- Fitness - Fall Programs for Adults include classes like Barre Total Body, Cardio Dance, Personal Training, Small Group Training, Certifications (i.e. CPR), and more.
- Older Adults – Balance Builders: Fall Prevention Program (65+), Bones and Balance, Chair Yoga, and more.
- Wellness Workshop include Myofascial Release and a new Thai Massage Playshop!

- Drop in fitness includes spin, zumba, yoga and more.

#### **Parents & Tots (16 months to 4 years)**

- Fitness – Mommy & Me Fitness, Mommy & Me Barre, Mommy & Me TRX, and more.
- Aquatics – Mommy & Me Aquafit, parent & tot swimming lessons, preschool (3-5 years) swimming lessons, and more.
- Fun programs – Busy Bodies, Messy Masterpiece, Dance with Me, Gym Babies, Gym Tots, Mini Movers, Sportball, Zubmbini, and more.

#### **Preschooler (3 to 6 years)**

- ABC – 123, Next Steps, Energy Busters, Funky Friday, Kangaroos and Crocodiles, Trico Active Kids, Ballet/Jazz Combo, Creation Kids, Gotta Dance, Little Ballerina, Young Rembrandts, Bricks 4 Kidz, Discovery time, Natures Wonders, Junior Gymnastics, Kinder Gymnastics, Rhythmic Gymnastics, Kinder Karate, Mini Hoops, Pee Wee Floor Hockey, Sportarama, Sportball Multi Sport, Yogart, and more.

#### **Children & Youth (6 to 14 years)**

- HIT the Gym, Circus Arts, DANCEPL3Y Kids, Hip Hop, Young Rembrandts, Young Rembrandts Cartooning, Brick 4 Kidz Early Engineers, Brick 4 Kidz Future Programmers, The Etiquette Factory, Just for Girls, Karate, Rhythmic Gymnastics, Badminton Club, Basketball, Dodgeball, Floor Hockey, First Serve Tennis, Sportball Multi Sport, Sportball: Basketball & Ball Hockey, Yogart, Yogart for Teens, Resistance Training, and more.

#### **SKATING PROGRAMS**

- Learn to Skate for all ages.
- Specialty skating programs including Intro to Hockey (4-5 yrs, 6-8 yrs, 8-12 yrs), Intro to Hockey Adult & Child (4 yrs +), Power Skating (7-12 yrs).



#### **SWIMMING PROGRAMS**

- Swimming lessons all ages.
- SwimAbilities program designed for children with special needs.
- Now offering Bronze Star, and Bronze Medallion at Trico Centre! These classes are the stepping stones to all further certifications, including Lifeguard, and Swim Instructor.
- Swim to Survive Clinics will be taking place Jan 2 – Jan 4 at Trico Centre. Swim to Survive teaches the skills needed to survive an accidental fall into water.

**SWIMABILITIES**  
 A program for children ages 3 - 16 with special needs.  
 CALL GUEST SERVICES OR GO TO [WWW.TRICOCENTRE.CA](http://WWW.TRICOCENTRE.CA) TO REGISTER

**TRICO CENTRE**  
 FOR FAMILY WELLNESS

**SwimAbilities®**  
 Learn to Swim Program for Children with Special Needs

#### WELLNESS WORKSHOPS

- Myofascial Stretch & Release, Candlelight Christmas Yoga, Couples Yoga Evenings, Yoga for Chest & Shoulders, Yoga for Stress Management, Yoga for Tight Hips & Hamstrings, and more.

#### CHILDCARE

**Kids Korner** – With over 35 years of experience, Trico Centre has a great reputation upheld by a strong team of nurturing and qualified staff. Children aged 2 ½ years and up will enjoy our Big Kid Room, morning crafts, story time games, active time, and free play. Maximum length of stay is 2 hours. Regular Hours Monday to Friday, 8:30am – 3:30pm. Must pre-book for extended hours. Purchase a Kids Korner continuous pass for members and save. Call 587-393-9551.

**Out of School Childcare (OSC)** – Trico offers an accredited and licensed program for children Grades 1 – 6. Includes weekly gym activities, physical literacy, fundamental movement skills, daily crafts, swimming, skating, and monthly field trip with our 72 passenger bus, Programs run September to June.

Contact [outofschoolcare@tricocentre.ca](mailto:outofschoolcare@tricocentre.ca) or General Inquiries: 403-225-5553

#### UPCOMING EVENTS

**Fun'derful-** Monday, February 18, 2019 – 10:00am – 2:00pm

We've teamed up with Shine FM to host our 3<sup>rd</sup> Fun'derful Event! Free admission for Family Leisure Skate, YYC Princess Appearances, Glamorgan Bakery Cookie Decorating Station, KLM Musical Instrument Zoo, and discounted admission to our Family Leisure Swim. Come spend a fun Family Day with us!



**Shine 88.9 FM** 88.9 Shine FM, AM 700 The Light, & Trico Centre  
Invite you to a  
**FUNDERFUL**  
**FAMILY DAY CELEBRATION**  
Monday, February 18, 2019  
10:00am - 2:00pm  
**FREE ADMISSION**  
for these fun activities!  
Family Leisure Skate  
(Helmets are mandatory!)  
Shine FM Broadcasting Live  
YYC Princess Appearances  
Glamorgan Bakery Cookie Decorating Station  
Arts & Crafts  
Nerf Wars  
KLM's Musical Instrument Zoo, Gamer's Fun Truck, and more!  
**DISCOUNTED LEISURE SWIM PRICES FROM 10 - 2**  
\$5 per adult  
\$2 per child

**AM 700 THE LIGHT**

**TRICO CENTRE**  
FOR FAMILY WELLNESS

**Nerf Wars is back at Trico Centre!** - Join us on Saturdays from 6:30 - 7:15pm AND 7:30 - 8:15pm for action packed fun in our gymnasium. We supply the Nerf bullets, you can bring your own Nerf gun, and eye protection, or borrow ours! Admission is included in your membership at Trico Centre, or pay a Drop-In fee! We will have a special Nerf Wars on December 31<sup>st</sup> from 2pm-3pm also!





**Super Soaker Wars!** - Super Soaker Wars is back at Trico Centre! Join us on Saturday evenings from 6-8pm for Super Soaker Wars! Bring your own Super Soaker (no backpack style please!) and come to our pool between 6-8pm for some super soaker fun. Come splash with us!



**Teachers Convention Daily Camp – February 14 & 15, 2019**

**Spring break Day Camps - March 25-29, 2019**

Games, arts & crafts, indoor and outdoor activities, and a dip in the wave pool! Half day (9:00am-12:00pm or 1:00pm-4:00pm) or full-day (9:00am-4:00pm) camps available! Children ages 6 – 12 years.

**Daily Camp Fees:** All of our daily camp fees are as follows: **Members** - ½ day - \$17.20 and Full day- \$34.45  
**Non-Members**- ½ day - \$21.50 and Full day- \$43.00.

**Spring break Swimming lessons - March 25-29, 2019.** See page 28 in program guide or website for more information.

### **Be a Member of our Family - Benefits**

Affordable membership gives you full access to fitness centre, over 70 drop-in classes, 20% off all registered classes and personal training, an aquatics centre with wave pool, slide, hot tub and steam room, two NHL sized arenas hosting shinny hockey, stick and puck, leisure skating, and drop-in gymnasium activities.



*Above images can be used for your community association website, newsletters and/or social media platform. Simply copy and paste the images in this document.*

*If you require more information and questions about images, please contact: Marketing Coordinator - Nicole Gillis; 403-225-5555 or [ngillis@tricocentre.ca](mailto:ngillis@tricocentre.ca)*

#### **Newsletter Articles for Oct/November**

Social Events, Next meeting

#### **Next meeting**

KCA February 28, 2019, 7 pm at hall.

#### **Meeting Adjourned**

**Motion: I, Chris Kemp-Jackson make a motion to adjourn the meeting at 8:05 pm. Second Donna. All in favour.**

Final Minutes prepared by Cris Dombroski