

Kingsland Community Association  
November 22, 2018  
Approved Meeting Minutes as Amended January 24, 2019

- Attendees:** Christine Dombroski, Darren MacDonald; Donna David, Tina Cohoon
- Absentees:** Chris Kemp-Jackson; Ken Reimer, Sam Kemp-Jackson, Jessica Pickle and Kathy Mitchell
- Guests:** Chris Carlile - Constituency Assistant - Councillor Jeromy Farkas - Ward 11; Jenna Findlater - Neighbourhood Partnership Coordinator, Heritage (NPC); Dale Mattock - Anam Kazim- MLA for Calgary Glenmore and Meike Thomsen

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**Meeting called to Order**

Time 7:05 PM.

**Introductions**

Shelly Tulloch - offered to volunteer for CA; she did not attend the meeting.

Meike Thomsen - offered to volunteer. She moved into Kingsland March 2018. Thank-you for stepping forward to support your community. Tell us about yourself.

Cris asked Meike if she they would sit on the board as Open Director; she agreed.

**Motion: I, Darren make a motion to accept Meike Thomsen as Open Director. Second Tina. All in Favour.**

**New Agenda Items**

**Grant coordinator discussion.**

**Approval of Minutes**

Approval of September 27, 2018 Minutes

Cris asked for motion to approve the minutes of September 27, 2018.

**Motion: I, Tina make a motion to approve the September 27, 2018 minutes as circulated. Second Donna. All in Favour.**

**NPC Report**

Cris had asked Jenna to look who we would contact regarding placing a more permanent sign into the site at 75 Ave and 5 Street. The site has several utilities i.e. water hydrant, some other pipes protruding from the ground, access to electricity, etc. to give KCA some indicating what size of sign we can install. Jenna will get back to KCA once she has word as which department parks or traffic is responsible for the site.

The no NPC report for month of November as nothing new to report.

**President's Items**

**Board of Director's**

The Annual General Meeting (AGM) was held October 25, 2018. The following is the new executive:

President	-	Christine Dombroski	
Vice-President	-	Darren MacDonald	(by email vote after AGM)
Past President	-	Chris Kemp-Jackson	

Secretary	-	Sam Kemp-Jackson	
Treasurer	-	Jessica Pickel	
Planning & Development Director	-	Darren MacDonald	
Social Director	-	Donna David	
Membership Director	-	Christine Dombroski	
Open Director	-	Tina Cohoon	
Trico Liaison	-	Christine Dombroski	(by email vote after AGM)
Casino Coordinator	-	Kathy Mitchell	

Cris, welcomed the new executive some with same portfolios and other new portfolios.

#### Vice-President

Darren volunteered for position as Vice-President. Cris sent out an email dated November 1, 2018 - 8:45:44 am to the board of directors to vote for position:

Ken Reimer	-	Thursday, November 1, 2018 – 10:45 am	responded “I approve”. Ken R.
Chris Kemp-Jackson	-	Thursday, November 1, 2018 – 09:37 am	responded “I approve”.
Sam Kemp-Jackson	-	Thursday, November 1, 2018 – 1:00:29 am	responded “I approve”.
Donna David	-	Thursday, November 1, 2018 – 2:09 pm	responded “I approve Darren MacDonald for Vice President”.
Kathy Mitchell	-	Thursday, November 1, 2018 – 4:17:56 pm	responded “Approve”.
Tina Cohoon	-	Thursday, November 1, 2018 – 8:04:20 am	responded “I Approve Darren as VP”.

Thank-you for the quick response. Congratulations Darren, by majority vote you are now KCA Vice-President.

#### Board of Directors Registered with Alberta

Received email confirmation from Joanna Szul - Non-Profit Compliance Officer - Corporate Registry; showing that the new board of directors on document “Change Officer/Branch for a Society - Proof of Filing”; Alberta Amendment date: 2018/11/05 is complete.

Action Item: The new executive will need to schedule a date that we can meet at the TD Bank to update signatures - Jessica, Cris, Sam and Darren.

#### Hall Insurance

KCA received notification that non-for-profit insurance will be increased by 40%. This amount will certainly be a major hit to our budget.

Cris attended an information session at Foundation of Calgary Communities where Toole Peet Insurance (Michael & Neil) were present to answer any questions that the CA’s had. The final increase will be in the range of 21-25% they will notify the CA’s as soon as they finalize the paper work.

Some key improvements to insurance coverage will be highlighted.

#### Scholarships

Andrew Barnett applied for the TD Community Leadership Scholarship - \$70,000 scholarship focused on volunteer contributions. On behalf of KCA, Donna and Iwona provided a reference letter to support his application. Andrew has been volunteering at community events for 3+ years. We wish Andrew luck of the draw.

Brief description of the award from their website:

"TD is committed to opening doors for a more inclusive and sustainable tomorrow and creating conditions where everyone has a chance to succeed in a changing world. TD Scholarships are offered to students who, like TD, help support change, nurture progress and contribute to making the world a better place. Let us open doors to post-secondary education for you!"

### Youth Volunteer Award

A thank-you card was received from Claire Beaney October 25, 2018 as a recipient of KCA Youth Volunteer Award.

### Banner

*École St Gerard is a small French Immersion elementary school located in the community of Haysboro. They are seeking a location to hang a banner for a period of roughly a month.*

*Cris contacted the KCA preschool so that they would be aware that KCA have been approached by École St. Gerard to hang a banner on the rink. The KCA preschool had no concerns. After consultation with Ken, I will notify the École St. Gerard with our final decision.*

### Free Tutoring

Cris received an email from Daniel querying if an adult was present; can he still tutor? She responded if he had an adult that would be dedicated to come to his tutoring lessons then we would reconsider his offer. No response from Daniel as of today.

### Commemorative Bench Proposal

Ken made a suggestion to contact the family if they would be interested in having the bench placed on the deck once it is renovated? Cris emailed Dave to ask his opinion on the suggestion. He will respond once he discusses with his brother.

The board had a general discussion, they felt that the bench should be separate from the deck.

### President's Meeting

Cris attended the President's meeting which was held November 15, 2018 at Trico Centre; the following is the summary as provided by Chris Carlile Constituency Assistant; Councillor Jeromy Farkas - Ward 11.

The Community Representation Framework Task Force will report to the Community and Protective Services Committee in Early December. Councillor Farkas feels this committee has missed the mark. It is too focused on planning and not enough on other activities that CA's focus on, like community building. It is a good first step, but it shouldn't be the end of the process. He encourages you to come to this committee meeting in December and share your thoughts.

The group also discussed some topical issues. There is some feeling that secondary suites are approved too easily. The group discussed that Cannabis usage should be regulated the same as tobacco. Finally, Council will discuss the plebiscite result on Monday and it is expected they will either suspend or end the Olympic bid. The implication is that if the bid is suspended, it may allow for work on a 2030 or 2034 bid.

Another item that was discussed at the meeting pertained to the new ARP, the Presidents felt that the designated areas were too large. Combining too many areas was questioned as to what common goals they may have.

### Mustard Seed

KCA received an email which had a MEDIA RELEASE: The Mustard Seed urges donors to use alternative giving methods in response to Canada Post Strike - Nov 20, 2018.

KCA decided to donate \$200 to the Mustard Seed.

**Motion: I, Donna make a motion to donate \$200 to the Mustard Seed. Second Meike. All in Favour.**

### Councillor's Report

Chris communicated that the City Hall next 4 year (2019-2022) budget will presented Monday. "For 2019-2022, The City will be planning and budgeting by service, instead of by department. Traditionally, plans and budgets have been based on organizational structure and presented by department and business unit." The public is welcome to speak at the meeting if they had any concerns. Check out the website for more information:

<http://www.calgary.ca/cfod/finance/Documents/Plans-Budgets-and-Financial-Reports/Plans-and-Budget-2019-2022/Proposed Plans and Budget 2019-2022.pdf>

Another city agenda item is short term rentals (AirBNB), the city will look to implementing some regulations for the short term rentals.

Next month no president's meeting - **Ward 11 - Holiday Open House - Councillor Jermoy Farkas; Thursday, December 6, 2018 - 7:00 pm - 8:30 pm. Where: North Glenmore Park Community Centre 2231 Longridge Drive SW.** Everyone welcome – bring your family! Join us for hot chocolate, gingerbread and treats to celebrate a successful year!

#### MLA Report

Dear Constituents:

I know many in our community are concerned about the ramifications about the federal Bill C-69, *An Act to enact the Impact Assessment Act and the Canadian Energy Regulator Act*. Protecting our environment, engaging Canada's Indigenous peoples, providing certainty to investors and supporting economic growth are important to our government. However, C-69, as it is drafted, will have serious impacts on the Canadian economy and specifically, on investment in Alberta. It cannot be passed in its current form.

In October, The Minister of Environment and Parks Shannon Phillips led a group of key stakeholders to Ottawa to meet with a number of Senators who will be debating Bill C-69. This is too important to get wrong. We've seen what happens when this process fails with the recent Federal Court of Appeal decision. Our government has been strongly voicing these concerns since last June, which is why we are formally calling on Canada's senators to bring forward thoughtful amendments that address our concerns.

Our government has always said that we want Calgarians to have the opportunity to vote in a plebiscite on the Olympics. Calgary city council voted to continue with our city's 2026 Olympic bid. We are very pleased to see that Calgarians will have the opportunity to vote on the issue.

The provincial government has agreed to commit \$700 million, and that is all we can do. The fact of the matter is, that the province isn't in a position to put any more money in.

**Please mark your calendar for our annual Holiday/Christmas/Hanukkah party.** You are cordially invited to our upcoming Calgary-Glenmore **Holiday Party!** Our party will be held on **Friday, December 7<sup>th</sup>** between 4:30 and 6:30pm. Please feel free to pass by our office which is located at # [A 208, 1600-90th Avenue SW](#). Please let us know if you will be attending by December 3<sup>rd</sup> by emailing at [calgary.glenmore@assembly.ab.ca](mailto:calgary.glenmore@assembly.ab.ca) .

Please contact me for more details. Facebook: Anam Kazim- MLA for Calgary-Glenmore; Twitter: @anamkazimMLA

#### Treasurer's Report

The Treasurer was not able to attend the meeting.

Total Banking as of November 22, 2018 - General Account: \$77,803.64; Casino Account: \$78,199.73.

Total Investments as of November 22, 2018: Total GICS: \$112,317.86.

Hall Rentals for November - \$4,742.50.

#### Casino Funds

Action Item: Confirm with Jessica whether a letter was sent to ALGC for an extension - regarding left over funds from previous casino to justify why we still had funds that were not spent.

#### Planning Director

Team: D. MacDonald, A. Clarke, L. Ethier, M. Danylchuk, C. Philippi and S. Barnfield. Refer to [calgary.ca/pdmap](http://calgary.ca/pdmap) or [calgary.ca/publicnotices](http://calgary.ca/publicnotices) for more application details or contact me at [darrenrmmacdonald@gmail.com](mailto:darrenrmmacdonald@gmail.com).

Team is involved with Kingsland Planning matters and the Heritage to Anderson Coalition, and hope to provide input into emerging Growth Area 31 redevelopment planning project which is led by the City.

#### **Rezoning In-Progress**

LOC2018-0158 - 517, 531, 612 67 AV SW and 6711 MacLeod Tr. SW (Jack Carter / Glenmac Site). KCA proposed lower buildings than 70 and 90 m. KCA met with applicant and noted several improvements for one of the parcels. Moves to CPC review. No Open House. No other feedback.

#### **Development Permits in Progress**

DP2018-5052 - 8201 MacLeod TR SW – Pattison Outdoor Advertising. Class G Digital Third Party Advertising Sign. Under Review. KCA Neutral since the application replaces an existing sign. New

DP2018-4808 - 7403 5 ST SW R-C1 Basement Suite - KCA Neutral. Approved. In Advertising. No other feedback.

DP2018-3489 - 6711 Macleod TR SW - Jack Carter Site. Cannabis Store. Under Review. KCA Objected. No other feedback. No Change.

DP2018-3280 - 7515 Macleod TR SW Cannabis Store. City Refused. Applicant will appeal. KCA Objected. No Change.

DP2018-3213 - 63 Kelvin Pl SW R-C1. Addition - new front porch and 2 storey rear attached garage. KCA Neutral. No other feedback.

DP2018-2692 - 7711 MacLeod Tr. SW, 7710 4A St SW (Market on MacLeod) Trico - Multi-Residential, Office, Retail, Consumer Service, Residential Care. Under Review. KCA Supported. Resident feedback provided at Open House. No Change.

#### **Hall Maintenance and Life Cycle**

##### Life Cycle

The Community Facility Enhancement Program (CFEP) grant application update which is due in January 2019. Ken did not attend the meeting.

KCA prepared to submit the Community Association & Social Recreation Group Financial Review - Capital Project Form regarding the Hockey Rink Replacement to be submitted to the City of Calgary. This submission is in support of the grant that we received from the City of Calgary, this is one step of many that KCA needs to follow before any funding is released from the city. Due to the large amount of money, the City will release funds throughout the project so that we do not drain our bank account.

##### Outdoor Maintenance

The rink will be flooded for year 2018-19.

Snow Removal Contract was granted to Colin as he did a good job at the snow maintenance last year.

Several comments were made regarding the hockey rink. Darren suggested maybe having some revenue generating advertising on rink.

Cris suggested looking in the future some summer activities could be offered i.e. using half the rink for pickle ball and half for basketball. Maybe other activities could also be implemented to use the space effectively.

### Grant Opportunities

#### Re: FW: Engaging with Youth: Construction/Renovation Funding Opportunity

There's a new grant opportunity for community organizations forwarded by FFC. The following was copied from the site:

Does your community have a construction project that youth volunteers could help you build? If so, Youth Central has an exciting opportunity for you! They are looking to fund a variety of community construction projects that Youth Central volunteers can complete for you. Would you like a Little Library, community garden, or a picnic table for your neighbours to enjoy?

They're looking to fund projects ranging from \$500 – 5,000 that would be completed by youth volunteers as a way to give back to their Calgary community while also learning valuable construction skills in the process. The deadline is **November 25, 2018**.

KCA board discussion conclusion that KCA did not have any projects that would immediately satisfy the grant criteria.

Further discussion ensued regarding grants. Cris communicated that the board needs to focus on detailing the projects that KCA needs to be completed. The list would be a reference point which in turn will facilitate in making quick decisions when a grant notification is received.

Darren also suggested looking into having a person dedicated as a grant coordinator. This will be a follow-up item for further discussion.

### Social Director - Report

#### Upcoming Events

Our next event is the **Seniors Dinner** being held on Saturday December 8, from 3:00 pm – 6:00 pm. We have close to 40 people signed up so far and are hoping for at least 50 attendees. We have 8 volunteers signed up and are waiting to hear back from more 2 youth volunteers. Lorraine from the social committee is bringing the desserts and if they are anything like what she donated for the senior's lunch we are truly in for a treat. We again hope to sell 6-10 memberships this year.

Following the Seniors Dinner will be the **Cookie Exchange** held on Wednesday December 12 from 7:00 pm – 9:00 pm. We're hoping for 12- 15 guests to come enjoy a night of socializing with their Kingsland neighbors.

Planning is under way for the Winterfest being held on Saturday February 23, 2019; we've secured the park permit from the city to have the horse and wagon rides. We receive an advance invitation to renew this permit each year in October, as long as we submit the form online November 30 we will again be invited to renew next year. The cost for the permit is \$84.89 paid to the City.

### Membership

One membership was sold (\$20) to a private individual in the month of November.

Membership table will be setup at the Seniors Dinner.

**Trico Liaison**

Tina decided to step down from the Trico liaison position as she will be away from Calgary for a couple of months.

- Sam Kemp-Jackson - Thursday, November 1, 2018 -8:08 am responded "I approve".
- Chris Kemp-Jackson - Thursday, November 1, 2018 - 9:37 responded "I approve".
- Jessica Pickel - Friday, November 2, 2018 – 8:47 AM responded "I approve".
- Donna David - Friday, November 2, 2018 – 10:47 AM responded "I consent to Cris taking over Trico".

KCA voted to reinstate Cris, she will represent KCA at Trico meetings. Cris was not able to attend the Trico meeting as KCA meeting was the same day.

**Partner Sharing Program Benefit** - Your Community Association is partnered with Trico Centre for Family Wellness. A member of your community association serves on the Board of Directors of Trico Centre. Buy a Continuous Monthly Pass and a small portion goes back into your community association!

For fall and summer programs please check the link: <http://www.tricocentre.ca/>

**Trico Centre Information for Community Bulletin Boards, Community Association Board Meetings, Community Association Websites**

**November 2018 - February 2019**

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. At Trico Centre, you can work out in the fitness centre, use the gymnasium, swim, or skate, plus we have fun, active programs for all ages. Check the Program Guide or [www.tricocentre.ca](http://www.tricocentre.ca) for more information on any of the activities and events listed below. Check the Program Guide or [www.tricocentre.ca](http://www.tricocentre.ca) for more details.

**2019 Winter Programs**

**TRICO CENTRE**  
FOR FAMILY WELLNESS

**Winter Programs**

Registration open  
November 13 & 14 for members  
November 15 for public

TRICO CENTRE  
FOR FAMILY WELLNESS

Winter Programs      Adult Registered Fitness  
Spring Break Day Camps      Swim and Skate Lessons  
...and more! We have something for everyone!

Trico Centre For Family Wellness  
Winter 2019  
January 1 - April 18  
Registration  
November 13 & 14 (members)  
November 15 (public)  
1160 Bowden Drive SE | 406-278-7042 | Register Online [www.tricocentre.ca](http://www.tricocentre.ca)

### **Adults and Older Adults**

- Fitness - Fall Programs for Adults include classes like Barre Total Body, Cardio Dance, Personal Training, Small Group Training, Certifications (i.e. CPR), and more.
- Older Adults – Balance Builders: Fall Prevention Program (65+), Bones and Balance, Chair Yoga, and more.
- Wellness Workshop include Myofascial Release and a new Thai Massage Playshop!
- Drop in fitness includes spin, zumba, yoga and more.

### **Parents & Tots (16 months to 4 years)**

- Fitness – Mommy & Me Fitness, Mommy & Me Barre, Mommy & Me TRX, and more.
- Aquatics – Mommy & Me Aquafit, parent & tot swimming lessons, preschool (3-5 years) swimming lessons, and more.
- Fun programs – Busy Bodies, Messy Masterpiece, Dance with Me, Gym Babies, Gym Tots, Mini Movers, Sportball, Zubmbini, and more.

### **Preschooler (3 to 6 years)**

- ABC – 123, Next Steps, Energy Busters, Funky Friday, Kangaroos and Krocodiles, Trico Active Kids, Ballet/Jazz Combo, Creation Kids, Gotta Dance, Little Ballerina, Young Rembrandts, Bricks 4 Kidz, Discovery time, Natures Wonders, Junior Gymnastics, Kinder Gymnastics, Rhythmic Gymnastics, Kinder Karate, Mini Hoops, Pee Wee Floor Hockey, Sportarama, Sportball Multi Sport, Yogart, and more.

### **Children & Youth (6 to 14 years)**

- HIT the Gym, Circus Arts, DANCEPL3Y Kids, Hip Hop, Young Rembrandts, Young Rembrandts Cartooning, Brick 4 Kidz Early Engineers, Brick 4 Kidz Future Programmers, The Etiquette Factory, Just for Girls, Karate, Rhythmic Gymnastics, Badminton Club, Basketball, Dodgeball, Floor Hockey, First Serve Tennis, Sportball Multi Sport, Sportball: Basketball & Ball Hockey, Yogart, Yogart for Teens, Resistance Training, and more.

### **SKATING PROGRAMS**

- Learn to Skate for all ages.
- Specialty skating programs including Intro to Hockey (4-5 yrs, 6-8 yrs, 8-12 yrs), Intro to Hockey Adult & Child (4 yrs +), Power Skating (7-12 yrs).





**LEARN TO SKATE** For all ages, from tots - to adults.  
See our program guide for more information.

#### SWIMMING PROGRAMS


- Swimming lessons all ages.
- New SwimAbilities program designed for children with special needs.

**SWIMABILITIES**  
A program for children ages 3 - 16 with special needs.  
CALL GUEST SERVICES OR GO TO [WWW.TRICOCENTRE.CA](http://WWW.TRICOCENTRE.CA) TO REGISTER



**TRICO CENTRE**  
FOR FAMILY WELLNESS

**SwimAbilities**<sup>®</sup>  
Learn to Swim Program for  
Children with Special Needs

Three circular inset photos showing children and adults in a swimming pool. The top photo shows a woman smiling at a young child. The middle photo shows a young boy wearing goggles and smiling. The bottom photo shows a man and a woman smiling in the water.

#### WELLNESS WORKSHOPS

- Myofascial Stretch & Release, Candlelight Christmas Yoga, Couples Yoga Evenings, Yoga for Chest & Shoulders, Yoga for Stress Management, Yoga for Tight Hips & Hamstrings, and more.

## Childcare

**Kids Korner** – With over 35 years of experience, Trico Centre has a great reputation upheld by a strong team of nurturing and qualified staff. Children aged 2 ½ years and up will enjoy our Big Kid Room, morning crafts, story time games, active time, and free play. Maximum length of stay is 2 hours. Regular Hours Monday to Friday, 8:30am – 3:30pm. Must pre-book for extended hours. Purchase a Kids Korner continuous pass for members and save.

Call 587-393-9551.

**Out of School Childcare (OSC)** – Trico offers an accredited and licensed program for children Grades 1 – 6. Includes weekly gym activities, physical literacy, fundamental movement skills, daily crafts, swimming, skating, and monthly field trip with our 72 passenger bus, Programs run September to June.

Contact [outofschoolcare@tricocentre.ca](mailto:outofschoolcare@tricocentre.ca) or General Inquiries: 403-225-5553

## Upcoming Events

**OSC Bake Sale** – Saturday, December 1- 10am-2pm

Our Out of School Care program will be hosting a bake sale to raise funds for activities, field trips, and equipment. Their popular bake sale will be taking place in Trico Centre from 10:00am -2:00pm, and all baked goods are sold by donation. Stop on by for a sweet treat!

**12 Days of Fitmas**- December 10 – 21, 2018

On the first day of Fitmas Trico Centre gave to me...

Join us for our 12 Days of Fitmas where we encourage fitness over this traditionally stressful and treat-filled time of year. See our Fitness Monitors for more details.

**Skate With Santa** – Saturday, December 22 – 10:00am – 12:30pm

Our popular Skate with Santa event is back! Join us on December 22<sup>nd</sup> for activities from 10:00 – 11:00, and skating from 11:00 – 12:30pm.

**Fun'derful**- Monday, February 18, 2019 – 10:00am – 2:00pm

We've teamed up with Shine FM to host our 3<sup>rd</sup> Fun'derful Event! Free admission for Family Leisure Skate, YYC Princess Appearances, Glamorgan Bakery Cookie Decorating Station, KLM Musical Instrument Zoo, and discounted admission to our Family Leisure Swim. Come spend a fun Family Day with us!



88.9 Shine FM, AM 700 The Light, & Trico Centre

Invite you to a

# FUNDERFUL FAMILY DAY CELEBRATION

Monday, February 18, 2019  
10:00am - 2:00pm

**FREE ADMISSION**

for these fun activities!

Family Leisure Skate  
(Helmets are mandatory!)

Shine FM Broadcasting Live

YYC Princess Appearances

Glamorgan Bakery Cookie Decorating Station

Arts & Crafts

Nerf Wars

KLM's Musical Instrument Zoo, Gamer's Fun Truck, and more!

**DISCOUNTED LEISURE SWIM PRICES FROM 10 - 2**

\$5 per adult

\$2 per child



## Drop-in Fun!

**Nerf Wars is back at Trico Centre!** - Join us on Saturdays from 6:30 - 7:15pm AND 7:30 - 8:15pm for action packed fun in our gymnasium. We supply the Nerf bullets, you can bring your own Nerf gun, and eye protection, or borrow ours! Admission is included in your membership at Trico Centre, or pay a Drop-In fee! We will have a special Nerf Wars on December 31<sup>st</sup> from 2pm-3pm also!

**SATURDAYS FROM 6:30 - 7:15 & 7:30 - 8:15**



**NERF WARS**  
AT THE TRICO CENTRE GYMNASIUM

[www.tricocentre.ca](http://www.tricocentre.ca)  
Guest Services: 403 - 278- 7542



CELEBRATING 35 YEARS

**Super Soaker Wars!** - Super Soaker Wars is back at Trico Centre! Join us on Saturday evenings from 6-8pm for Super Soaker Wars! Bring your own Super Soaker (no backpack style please!) and come to our pool between 6-8pm for some super soaker fun. Come splash with us!



**SUPER SOAKER WARS**

**SATURDAYS** Bring your own super soaker  
6:00 PM - 8:00PM (no backpack style) and join  
POOL the fun!

**TRICO CENTRE**  
FOR FAMILY WELLNESS

CELEBRATING 35

**Drop n' Shop**- need to get some Christmas shopping done without the kids, and need a good distraction? Bring them by Trico Centre any of the following times for Drop n' Shop! Members pay \$5 per child, public is \$10 per child.

**Drop n' Shop (children ages 3 – 6 years old)**

Sunday December 9 – 9:30am – 12:00pm  
Tuesday, December 11 – 12:30pm – 3:00pm  
Saturday, December 15- 9:30am-12:00pm  
Thursday, December 20 – 12:30pm-3:00pm

**Drop n' Shop (children ages 6 – 12 years old)**

Tuesday, December 18 – 3:30pm-6:00pm  
Friday, December 21 – 6:00-9:00pm (\*this time only, includes wave swim)

**Winter Break Daily Camp –December 27, 28, 31, January 2, 3, & 4, 2019**

End your winter holidays with us! Games, arts & crafts, indoor and outdoor activities, and a dip in the wave pool! Half day (9:00am-12:00pm or 1:00pm-4:00pm) or full-day (9:00am-4:00pm) camps available! Children ages 6 – 12 years.

**Teachers Convention Daily Camp – February 14 & 15**

While the teachers are away, we will play! Games, arts & crafts, indoor and outdoor activities, and a dip in the wave pool! Half day (9:00am-12:00pm or 1:00pm-4:00pm) or full-day (9:00am-4:00pm) camps available! Children ages 6 – 12 years.

**Winter 2019 Guide**

Registration is now open for Winter 2019 Programs, and our new Winter 2019 Program Guide hit the shelves on November 5<sup>th</sup>. It is available on our website at [www.tricocentre.ca/how-to-register/program-guide/](http://www.tricocentre.ca/how-to-register/program-guide/)

### **Be a Member of our Family - Benefits**

Affordable membership gives you full access to fitness centre, over 70 drop-in classes, 20% off all registered classes and personal training, an aquatics centre with wave pool, slide, hot tub and steam room, two NHL sized arenas hosting shinny hockey, stick and puck, leisure skating, and drop-in gymnasium activities.



**Trico Centre For Family Wellness**

**Winter 2019**

January 1 - April 18

**Registration**

November 13 & 14 (members)

November 15 (public)

11150 Bonaventure Dr SE | 403-278-7542 | Register Online: [www.tricocentre.ca](http://www.tricocentre.ca)



**TRICO MEMBERSHIP**  
**FLEXIBLE**  
**AFFORDABLE**  
PACKED WITH BENEFITS  
**COMPARE AND**  
**SAVE**

 **TRICO CENTRE**  
FOR FAMILY WELLNESS 

**Partner Sharing Program Benefit** - Your Community Association is partnered with Trico Centre for Family Wellness. A member of your community association serves on the Board of Directors of Trico Centre. Buy a Continuous Monthly Pass and a small portion goes back into your community association!



**TRICO CENTRE IS A NON-PROFIT CHARITY**  
**COMMITTED TO WELLNESS AND COMMUNITY BUILDING**

 **TRICO CENTRE**  
FOR FAMILY WELLNESS 

*If you require more information and questions about images, please contact: Marketing Coordinator - Nicole Gillis 403-225-5555; [ngillis@tricocentre.ca](mailto:ngillis@tricocentre.ca).*

**Newsletter Articles for Oct/November**  
Social Events.

**Next meeting**  
KCA January 24, 2019.

**Meeting Adjourned**

**Motion: I Donna make a motion to adjourn the meeting at 8:32 pm. Second Tina. All in favour.**

Prepared by Christine Dombroski